

My ideal school



OBJECTIVES:

- Become aware of the group's image of the school.
- Identify challenges in the school and seek solutions as a group.



AXES:

Identification and active resolution of problems/ challenges



AGE GROUPS:

Adults in the school

- This exercise is important when you feel that there is a problem within the group.



STEP BY STEP DESCRIPTION OF THE ACTIVITY

» Introduction to the activity

Explain to the group that they will create an image themselves that represents their school. To do this, they will use each other's bodies in turn.

Note that a person can be used as him/herself/themselves or also representing another person or also metaphorically.

» 1st part of the activity: creating the image

Once someone has an idea, they can go to the stage or theater space and spontaneously prepare an image of the school in which they work. To do this, invite as many people as you need to create the image and place them.

Once the image is finished, ask the group if they agree that the image represents the school; if they do not agree, invite another person to prepare and show another proposition and so on.

» 2nd part of the activity: choosing the image

Ask the group to choose among all the images that represented the school, the one that best represents it, to finally get a common image, the one most shared by the group.

Attention: sometimes it happens, sometimes it does not.

» 3rd part of the activity: my ideal school

Once the image of the current school has been chosen, invite the group to put it on stage, and to propose what moves, changes, can be made to represent the ideal school. To arrive at this, you can ask the group:

- What would be missing to achieve an ideal school?
- What's extra?
- Something to re-organise?

Invite participants to answer these questions by directly generating modifications to the image (adding or removing people, modifying postures, distances between people).

Once an agreed picture of an ideal school has been achieved, move on to the next stage.

» 4th part of the activity: discussing and planning

Invite the group to answer the following questions:

- Why does the final image represent an ideal school? What elements make it ideal?
- What are the main differences between the initial image and the final image achieved?
- What had to be changed to arrive at this ideal school?
- What steps can we take as a group to move closer to that ideal school?

Invite someone in the group to write down the ideas that come up in a visible place (large sheet of paper, blackboard).

MATERIALS:

- A room capable of containing the group.

METHODOLOGY:

Theatre of the Oppressed

PREPARATION

Prior knowledge

It is useful to use some ice-breaking tools beforehand to reduce barriers and build basic trust in the group.

WHEN:

At the start of training

DURATION: 1h30m