

Mapping: networks that sustain us



OBJECTIVES:

- Create links between members of the school community based on activities, shared tastes and complementary needs.



AXES:

Identification of internal and external resources



AGE GROUPS:

Recommended for adults (ideally bringing parents together with teachers and non-teaching staff) - 12 to 100 people (several groups of approx. 25 px can be generated).



STEP BY STEP DESCRIPTION OF THE ACTIVITY

»» Introduction to the activity: Human bridges

Propose the following slogan:

Each member of the pairs should hold one end of the stick with their index finger (i.e. connect across the sticks, facing each other, held by each other's index fingers). move through space to the sound of the music, without the stick falling to the ground.

Play soft music.

After a few minutes of this exercise, give the following instructions:

pairs will get together in groups of four people. They will be given a new stick per group and must move as a group without dropping any of the sticks!

After a while, you can switch to more lively music. This exercise of adding up is repeated until the whole group is united and has to move freely while holding the sticks in the air.

»» 1st part of the activity: creating the discs and joining them together

Each participant is given a cardboard disc of about 25 cm with three delimited areas: on one he/she puts occupation, on another hobby and on another interests (recent) -see model-.

The disc will have about 3-4 perforations per area. Each person completes their disc with one element per area (e.g. Occupation: carer of the elderly; hobby: soul singing; interests: natural vegetable garden).

Once the information has been completed, the participants gather in a large space (school playground, assembly hall or gymnasium) and spread out evenly across the space. Each one sticks their disc to the floor in front of them.

A small ball of wool or thick, brightly coloured yarn is given to each participant and they are invited to go around the space reading each other's discs.

When they find an occupation, hobby or interest that they share or that for some reason generates interest in them, they will tie one end of the yarn to the disc in question and go to their own disc, where they will tie the other end of the yarn.

This activity can be done with music and for about 15 minutes, to allow time to read all the discs and trace all the links they find with the wool.

» 2nd part of the activity: the map

If space permits, a photograph of the resulting "map" is taken from above. This image can be printed out and hung in the school or used as the basis for a "community database" to facilitate services, help, advice, and common ventures. The group can also be invited to find the people with whom they have established links and discuss the point that brings them together.

You can close by bringing the group together to share what they discovered and what doors these discoveries open.



MATERIALS:

- Wooden chopsticks about 30 cm long
- As many cardboard discs as people taking part in the activity (see model)
- 1 ball of coloured wool (approx. 30 m) per person
- Music equipment

METHODOLOGY:

Non-formal education

PREPARATION

Prior knowledge

Select the music to be used

Prepare the discs and balls of wool.

It is recommended that you look for a large space and ideally one that allows you to take photos from above.



TIPS FOR THE PERSON DOING IT

The key moment is when people are moving around and knotting their wool: be careful that people are careful not to trip over other people's yarns, that they do not leave their wool longer than necessary and that they do not move the discs by pulling on the wool (this may seem like a superficial tip but it is a challenge to achieve with large groups).



WHEN:

In the midst of the workshop process



DURATION: 1h