

# What did I learn about collective resilience?



## OBJECTIVES:

- Evaluate the effectiveness of the collective resilience workshops on participants.
- Measure participant satisfaction



## AXES:

**Identificación de recursos internos y externos**



## STEP BY STEP OF THE ACTIVITY

### »» Introduction to the activity:

Show the slide with the three objectives of the workshop and remind the group of some of the expectations that the participants had mentioned at the beginning of the training (previous sessions). E.g.:

- To learn new things about collective resilience
- To learn about new tools
- To apply them in their personal and working lives

*'In this last session, we will evaluate together whether we have achieved our goals and what we have learnt and experienced.'*

### »» 1st part of the activity: The importance of collective resilience

Invite the group to write on the whiteboard or in the group chat the answer to: "What new things have you learnt about collective resilience?"

Once there are enough answers, read them out loud to clarify each contribution. They can be grouped by category if there are similarities (the facilitator can take notes on the whiteboard)

### »» 2nd part of the activity: Skills needed to strengthen resilience within a community

Read the [story about how a school collectively overcame a group crisis](#)

Send them to work in subgroups and based on this case (the story), the participants should identify the key skills and knowledge that enabled the school community to solve the problem.

One secretary per group will take notes of the resilient resources detected. The story is the same for each group. It can also be sent to the subgroups via chat.

### »» 3rd part of the activity: Tools for identifying and solving problems collectively.

Bring all participants back to the main room. The secretary of each group lists the skills useful for fostering collective resilience.

Ask:

*What were the most useful tools that you used or could use to foster resilience in your school?*

*As an expert in your institution, your opinion is valuable in identifying the elements that make your school a resilient place and those that still need strengthening.*

## »» 4th part of the activity: CLOSING

Propose a sharing circle so that each participant can express him/herself/themselves about the workshop: successes, difficulties, expectations fulfilled, ideas.



## THEORETICAL FRAMEWORK

Popular education focuses on learning from our praxis (Paulo Freire).

### Anexo

*A school's story of collective resilience:*

*Los Olivos Rural School faced a challenge: its library, the heart of learning, was in ruins. The books, dusty and gnawed by humidity, were stacked in boxes. The shelves, eaten away by wood, were crumbling. The school community felt discouraged.*

*A group of teachers, full of energy and passion for reading, decided it was time to act. They called a meeting with students, parents and teachers. "Our library is like a seed," they said, "it needs our care to bloom again." Some, unmotivated, ignored them. Others, excited by the idea, organized themselves into teams. One group was in charge of cleaning and repairing the shelves. Another group sorted and catalogued the books. The younger children illustrated new posters to adorn the walls. Parents donated used books and reading materials. They even found some financial support thanks to the Mayor's Office.*

*The whole community got involved. The town carpenters built new bookshelves. Local artists*

*painted colorful murals on the walls. The library was transformed into a welcoming and lively space.*

*The inauguration was a party. Students read poems and stories, parents shared their favorite books, and teachers organized reading workshops. The library was once again the center of school life.*

*The experience of rebuilding the library brought the school community together. It showed that, working together, they could overcome any obstacle. The resilience of students, parents and teachers was strengthened, and the library became a symbol of hope and renewal.*

## To help with reflection (for the facilitator)

What elements of collective resilience can we identify in this story?

- **Sense of community:** The school community came together to face a common challenge.
- **Teamwork:** Students, parents and teachers collaborated to achieve a shared goal.
- **Creativity:** Limited resources were used to create a beautiful and functional space.
- **Adaptability:** The community adapted to circumstances and found innovative solutions.
- **Perseverance:** Despite the difficulties, the community did not give up and moved forward.

This story shows how collective resilience can transform an adverse situation into an opportunity for growth and learning.